

GPCGB



POWERLIFTING

MIDLAND & NORTHERN QUALIFIER

**28th March 2010 at Tibshelf Secondary School,
High Street Tibshelf, Derbyshire, DE55 5PP**

**Promoted by James Godber and Mark Griffiths
and Atlanta Gym, Dunton Close, Derby**

**for anymore info please call James on
07850937124 or Craig on 07595988016**

Equipped and Raw Sections

**weigh in at the venue. 10-12pm on the 27th
march**

£25 entry fee

**This promises to be a great show with top lifters
from over the country to meet. this show has
also attracted some novices to lift. so i invite
you all to come and have a go. medals for all
competitors. refreshements available on the
day. derby loading crew already confirmed and
with Big D on decks**